

## FOR IMMEDIATE RELEASE

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## Take a Cruise to Celebrate National Estuaries Day

**OCEAN** – The coastal waters of central North Carolina coast are magical places. Here, where the rivers meet the sea, we come to nourish our youthful spirit by fishing, sailing, and swimming. We come to relax by a placid marsh or to admire the sun rising above the ocean's horizon. Some of us come to make our livings from the bountiful harvest that these productive waters offer.

Come get a close look at these magnificent waters. On Saturday, Sept. 25, the N.C. Coastal Federation and Hammocks Beach State Park will offer cruises around the White Oak River's estuaries. Join federation educators to learn more about these waters and how you can help protect them. The cruises will last about 90 minutes.

They are part of National Estuaries Day, an annual celebration that's been held on the last Saturday of September since 1988.

Cruises begin at the park, starting at 1 p.m. and at 3 p.m. Space on the park ferry boats is limited. So registration is required. Call the park office at 910-326-4881. Admission is either a new, unwrapped toy for Toys for Tots or a \$5 donation to the park's annual Toys for Tots drive. The cruises will be held rain or shine.