



**FOR IMMEDIATE RELEASE**

**Sept. 12, 2012**

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## **Celebrate Estuaries Day with an Ocracoke Kayak Trip**

**OCRACOKE** – The N.C. Coastal Federation and Ride the Wind Surf Shop will team up to lead a kayak adventure around Ocracoke Island on Saturday, Sept. 22, from 10 a.m. until noon in honor of National Estuaries Day, an annual celebration of the vibrant and essential coastal areas where the rivers meet the sea.

The kayak trip will begin in Silver Lake Harbor, launching from the N.C. Center for the Advancement of Teaching, on the southern end of Ocracoke Island. Free parking will be available at the site. Kayakers will explore several of the federation's living shoreline projects, learning about different restoration techniques used to protect estuarine habitats in Pamlico Sound.

Estuaries are bodies of water along the coast that are formed when freshwater from rivers with saltwater from the ocean. One reason these areas are so vital is because estuaries provide essential habitat for fish that make up the bulk of the nation's commercial catches.

Enjoy the breathtaking sights and sounds of the beautiful N.C. coast on this kayak trip and celebrate these special places. A portion of the proceeds from this event will support the federation's restoration efforts.

Reservations are required. Call Ride the Wind Surf Shop at 252-928-6311 to sign up. The registration fees are:

- With kayak rental: \$25 for federation members, \$35 for non-members
- Bring your own kayak: \$15 for federation members, \$25 for non-members

We recommend that you bring bottled water, a towel, hat, sun block, water shoes, sunglasses and clothes that can get wet. This event is weather permitting; a rain date is scheduled for Sept. 29.

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