



FOR IMMEDIATE RELEASE

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Swim the Loop to Benefits N.C. Coastal Federation Programs

WRIGHTSVILLE BEACH -- For the second year, a portion of the proceeds from the Swim the Loop event this weekend in Wrightsville Beach will benefit the N.C. Coastal Federation.

The swimming competition will be held Sunday, Oct. 6, beginning at 8 a.m. Organized by Without Limits Coaching, this event includes a 3.5 mile open water swim around Harbor Island, and a shorter 1.3 mile swim sprint through Banks Channel.

The 3.5- mile race loops completely around the island and passes through several different waterways with a start and finish at the Dockside Restaurant on Airlie Road. The course will be clearly marked with buoys, kayakers, stand up paddle boarders and boats. The direction of the swim will be clockwise around Harbor Island. Expected water temperature range is 75-82°.

New federation members who join during race registration or on race day can do so at a special rate of \$15. The first 20 people who will receive a federation tote bag.

Detailed information about the Swim the Loop can be found at www.coaching.aimwithoutlimits.com/swim-the-loop. Details about the federation can be found at www.nccoast.org.